



ENTERING THE PRAYER OF JESUS

A five session audio resource on the Lord's prayer serving spiritual formation for Christians and prayer for local communities.

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Chichester Diocese and Premier Christian Radio

Includes companion CD

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Entering the prayer of Jesus is a life-long process in which selfish aspirations give way to the yearning for God's kingdom Jesus brings into people's lives by the Holy Spirit. In this resource on the Lord's prayer we are reminded of five kingdom priorities – *belonging, purpose, empowerment, forgiveness* and *guidance*.

Five sessions suitable either for weekly or daily use, as in a week of prayer, explore means of building intimacy with God, strengthening desire for his kingdom, welcoming his provision, the confession of sin and the seeking of spiritual direction.

The booklet and CD provide spiritual wisdom from across the whole church, led by the Archbishop of Canterbury, aimed at serving the spiritual formation of Christians and its overflow into prayer for local communities.

Leaders' and easy to copy course members' notes complement the audio resource. These help structure five 90-minute sessions based on the Lord's prayer aimed at helping people get more of the heart and soul of Jesus for God and for those who live in need.



The Diocese of Chichester and Tufton Books £8.95